



**Assisted Living Caregiver / Manager Training**

Our programs are approved by the Arizona Department of Health Services (ADHS) and are licensed by the Arizona State Board for Private Postsecondary Education. Our manager classes are approved by the Arizona NCIA Board.

*FSL does not offer training in July or December.*

**Caregiver Training**

The caregiver course is designed for those who want to work in an Assisted Living Facility as a certified caregiver, as mandated by ADHS. Includes complete modules for Supervisory, Personal and Directed care. Open to family caregivers who do not seek certification.

Class dates are Tuesday to Friday in Week 1, and Tuesday and Wednesday in Week 2, from 8:30 a.m. to 5:00 p.m., on the following dates:

Week 1	Week 2	Week 1	Week 2
5 – 8 January	12 – 13 January	15 – 18 June	22 – 23 June
16 – 19 February	23 – 24 February	17 – 20 August	24 – 25 August
16 – 19 March	23 – 24 March	14 – 17 September	21 – 22 September
13 – 16 April	20 – 21 April	12 – 15 October	19 – 20 October
18 – 21 May	25 – 26 May	9 – 12 November	16 – 17 November

**Manager Training**

The Manager course is designed for people who have already completed caregiver training, and wish to become a certified manager of an Assisted Living Facility. In addition to completing this course, you must apply with the Arizona Board of Examiners, comply with their requirements, and pass their exam to become certified. All class dates are Thursday and Friday on the following dates:

14 – 15 January	22 – 23 April	23 – 24 September
25 – 26 February	27 – 28 May	21 – 22 October
25 – 26 March	24 – 25 June	18 – 19 November
	26 – 27 August	

Fees: Caregiver, all 3 levels: \$255. Caregiver + Manager: \$315. Manager only: \$80.

*More classes on next page*

For registration or information, call (602) 285-0505 X 129, or email ego@fsl.org



### **Direct Care Worker to Assisted Living Caregiver Bridge Course**

This course allows those who have taken the Principles of Caregiving course (or a comparable, verifiable caregiver course) the opportunity to increase their knowledge and to receive an Arizona Certified Caregiver certificate. The course is held on three days, Monday through Wednesday, from 8:30 a.m. to 5:00 p.m. on the following dates:

11 – 13 January	19 – 21 April	20 – 22 September
22 – 24 February	24 – 26 May	18 – 20 October
22 – 24 March	21 – 23 June	15 – 17 November
	23 – 25 August	

Cost: \$120. \$50 deposit required. Payment in full due on first day of classes.

### **Caregiver Bridge Courses for CNAs, LPNs and RNs**

You must have an Arizona nursing license in good standing to enroll in these programs.

CNAs attend days 1, 2, 5 (from 10:00 a.m. – 2:30 p.m.) and day 6 of the regular caregiver course. Cost: \$190.

LPNs and RNs are exempt from all caregiver and manager training requirements. However, we recommend that LPNs and RNs enroll in the Manager course or the Manager Exam Preparation Class to prepare for the state licensing exam. Class days are 1, 2 and 6 of the regular caregiver course. Cost: \$180.

If taking the manager course alone, \$80. If taking with other courses, \$60 – prepay required.

### **Manager Exam Preparation Class**

This is a fast-paced rule review course for those preparing to take the Manager Certification Exam with the Arizona Board of Nursing Care Institution of Administrators and Assisted Living Facility Managers.

Dates to be announced, based on attendance interest

Fee: \$80 – prepay is required – no CEU credit available

*More classes on next page*

For registration or information, call (602) 285-0505 X 129, or email [ego@fsl.org](mailto:ego@fsl.org)



**Continuing Education and Ongoing Training Classes for Assisted Living Caregivers and Managers**

*Please note: In 2010, FSL will provide ongoing education and CEUs at no charge to Adult Foster Care (AFC) sponsors.*

**Supervisory Care** (6 CEUs): Covers elder abuse, resident rights, home and fire safety, infection control, medication assistance, and service planning. All classes are on Wednesdays, 8:30 a.m. – 3:30 p.m. on the following dates:

6 January	17 March	19 May	18 August	13 October
17 February	14 April	16 June	15 September	10 November

Fees: \$60 (\$10 per CEU) – prepay required

**Personal Care** (4 CEUs): Covering purposes and principles of personal care; the aging body; and implications for care. All class dates are Thursdays, 8:30 a.m. – 12:30 p.m.

7 January	18 March	20 May	19 August	14 October
18 February	15 April	17 June	16 September	11 November

Fees: \$40 – prepay required

**Personal Care I** (4 CEUs): Topics include pharmacology & medication management. All class dates Tuesdays, 10:00 a.m. – 2:30 p.m.

12 January	23 March	25 May	24 August	19 October
23 February	20 April	22 June	21 September	16 November

Fees: \$40 – prepay required

**Directed Care II** (4 CEUs): Overview of dementia / communicating with residents with dementia. All class dates are Wednesdays, 8:30 a.m. to 12:30 p.m.

13 January	24 March	26 May	25 August	20 October
24 February	21 April	23 June	22 September	17 November

Fees: \$40 – prepay required

*More classes on next page*



Foundation for  
Senior Living

*Thirty Years of Care by Design*

## Assisted Living Education Training Schedule 2010

### **CPR and First Aid Classes**

Dates and times to be announced – please call or email for details. A typical schedule is:

First Aid only: 10:00 a.m. to 12:30 p.m.    CPR only: 1:00 p.m. to 3:30 p.m.

Fees: \$35 for both classes or \$20 per individual class – prepay required.

### **Training Location for all classes:**

Foundation for Senior Living  
FSL Caregiver House  
1201 East Thomas Road  
Phoenix, Arizona 85014

Located on the southeast corner of  
12<sup>th</sup> Street and Thomas Road  
next to North High School

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