



Senior Moving Tips

TAKE INVENTORY

Begin as soon as you decide to move. Start in a corner of the basement or storage area and move through each room of the house; ending up in the attic

RID YOUR LIFE OF POSSESSIONS YOU DON'T NEED

Decide whether to discard, sell or give to charity items which you do not need to take with you. Sentimental items can always be given to family or friends and enjoyed with them later. This not only streamlines the list of items to be moved, but it clears your existing house of clutter so it will show better.

KEEP AN EVEN KEEL

Going through and creating an inventory can generate many memories of the past, and can mix with the emotions of changing lifestyle. Decide how much packing and moving can be done without professional help.

TIME TO RE-VISIT

Once you've made your inventory and decide which items will be moved, forget about the list for a week and then go back over your list. Once you've been through the emotional experience of deciding to give up some items, it is often easier to go back and find additional items which you don't absolutely need.

OBTAIN ROOM MEASUREMENTS FOR YOUR NEW PLACE

Use these dimensions to decide if all pieces of furniture will fit into each room. Once you "visualize" where each piece will be placed, plan to get rid of those which just aren't going to fit.

DON'T OVERDO

Packing and moving doesn't become any easier with age, so be realistic. Furniture items and boxes can be much heavier than anticipated, so look for help anywhere you can find it. If you can afford a professional, use one, as they will assume the liability for the items packed and moved by their service.

PREDICT YOUR FUTURE

Once you move into the new place, will you be staying home more or less than at present? Will you have a lot of visitors? Will you travel and/or visit more? You may need fewer belongings if you know you'll spend considerably less time in your home

FOLLOW A PLANNED SCHEDULE

To make certain you don't overlook any items or cut yourself short on time. Pre-plan your timetable and follow it faithfully. It will create time for visiting and taking care or unanticipated tasks

MIDRISE

111 SOUTH CHURCH AVENUE, TUCSON, AZ 85701

COLLEGE

235 SOUTH CHURCH AVENUE, TUCSON, AZ 85701

(520) 231-1121 | www.MaristTucson.com



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