LET’S CELEBRATE YOU!

THREE Open Houses!

November 22nd 2022 | 4:00PM - 6:00PM
East Valley ReCreación Center
2234 East Maryland Drive, Tempe, AZ 85281

November 29th 2022 | 4:00PM - 6:00PM
Central ReCreación Center
3620 North 4th Ave, Phoenix, AZ 85013

November 30th 2022 | 4:00PM - 6:00PM
West Valley ReCreación Center
16209 N. 67th Ave, Glendale, AZ 85306

Fun and Door Prizes!

Mini Workshops:
Prayer Motion: 4:30PM – 5:00PM
Integrating movement with prayer & music.

Ha Ha Spa: 5:15PM – 5:45PM
De-stress with laughter activities.

Facilitator
Debbie Harbinson, MIH, RN, Harbinson Wellness Solutions

Other activities
Tours, Community Resources, & more!

Dinner is on Us!
You can eat there or take it to go!
For the caregiver and their loved one(s).

CONTACT US
RSVP to Pennie: RSVP@fsl.org or 602-285-0505 x329
Please let us know which date and how many in your party.

Hosted by: In Partnership with:
FSL AARP
Arizona